

pregnant? Have questions? Need belp?

SERVICES AVAILABLE

Your Personal Advocate takes your care beyond the exam room to:

- Answer your biggest pregnancy questions and to be by your side every step of the way.
- Connect you and your family to resources
- Participate in support groups with other women.

For more information please contact: Kenya Nealy-Fagbemi Senior Personal Advocate (916) 558–4800 ext. 204

Black Mothers United

...because our babies matter!

A free program for pregnant African-American women of Sacramento County to provide support and education to help ensure a smooth, safe pregnancy and a healthy baby!

ELIGIBILITY

- Pregnant
- Resident of Sacramento County

ALSO AVAILABLE:

• Prenatal Care through the Birthing Project Clinic



Funding for the Healthy Pregnancy Program is provided by the First 5 Sacramento Commission which uses Proposition 10 (lobacco tax) funds to support the healthy development of children ages zero through five.

Additional information about the First 5 Sacramento Commission is online at www.first5sacramento.net or by calling 916-876-5865.