# Supplies\*:

#### Safer drug use supplies:

- Safer smoking kits
- Safer snorting kits
- Safer injection supplies
  - Syringes (various sizes)
  - · Fentanyl testing kits
- Naloxone (for reversing opioid overdoses)

# Safer sex supplies:

- Condoms: External, insertive (female), non-latex, flavored, etc.
- Lube

# Wound care kits:

- Rubber gloves
- Band-Aids
- Gauze
- Saline water
- Vaseline

## **COVID-19 supplies:**

· Masks and hand sanitizer

## Other supplies:

- Food/snacks
- Seasonal clothes and cosmetics

# \*Please note: items are subject to change based on availablity.



See something missing or need anything special? Contact our outreach team: (602) 935-7554

# Stay safe when working:

## Engaged in sex work?

Here are a few tips to help keep you safe!

- Send a friend the license plate of your date's car, or consider taking a picture of the car/license plate
- Confidential bad date reporting: If you experience a bad date, you can report it to any SPARC staff member. If you

A bad date is anything you don't want yourself or others in the community to experience. We'll collect any info you want to share.

would like, we can share that information with others in the SPARC community.

# Stay safe when using:

- Start low, go slow: Begin with a small amount and pay attention to how you feel.
- Stay hydrated!
- Ask us for Fentanyl test strips: They can help determine if your batch has been cut with Fentanyl.
- You cannot use Naloxone on yourself! Using with someone else can help prevent fatal overdose.
- If you are using alone: Call a friend to 'spot' for you or the Never Use Alone Hotline: (800) 484-3731
- Don't use drugs? You can still carry Naloxone! Ask for a free training. *Community training/s available*



# A CENTER FOR WOMEN



908 Washington Blvd Baltimore, MD 21230 www.sparcbaltimore.com

Outreach: (602) 935-7554 sparcwomenscenter@gmail.com

Follow us: Facebook: www.facebook.com/ SPARCWomensCenter Instagram: @sparc\_center

SPARC serves the needs of trans and cis women, and nonbinary folks in our community with safe and compassionate services at **no cost**.

SPARC is rooted in the principles of harm reduction, which uses strategies to de-stigmatize and reduce the harms of drug use and sex work.



# When and where to find us:



# The center is open with limited capacity.

Services are available one-onone and masks are required.

## Spring Drop-By Schedule:

#### Monday-Thursday, 11 a.m. - 4 p.m.

- 908 Washington Blvd
- · Showers and laundry are available on a first come, first serve basis.
- · Showers are availble daily and you can wash two loads of laundry a week
- · Supplies are available to pick up

#### Spring Outreach Schedule:

- Tuesday, 12 5 p.m.
- Mt. Clare, Carrolton Ridge, Morrell Park

#### Wednesday, 10:30 a.m. - 12:30 p.m.

- Morrell Park
- · Drop-in services are available

#### Thursday, 12 - 5 p.m.

• Brooklyn and Curtis Bay

# We have a newsletter!

It's got community updates, helpful info, and even games!	Drop by the center during our open hours to pick up our weekly services newsletter!
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# **SPARC Services**

# Need to get vaxxed? We've got you covered:

- Vaccines are available Tuesday and Wednesday with Nurse Practioner Jesse
  - Call ahead to schedule.

#### **Reproductive/Sexual Health:**

- Birth Control: IUD, Morning After Pill, Birth Control Pills and Depo Shot
- Pregnancy Testing
- HIV & STI Testing and Treatment
- Hep C Testing and Treatment
- Vaginal and Yeast Infection Treatment

#### Accessing Reproductive Care:

- Come see us for reproductive care on Wednesdays, 10 a.m. - 4 p.m.
- Text (602) 935-7554 for a mobile health appointment
- Call (410) 929-6662 for free and confidential care through the R-Plan Program and connect with Nurse Margaret!

## **Mental Health Services**

We have mental health counseling available with MSW Student Isabel.

- Wednesdays, 11 a.m. 4 p.m.
- For an appointment, call: (602) 935-7554

# **SPARC Services**

## Syringe Service Program

- · Sterile syringes in different gauge sizes and lengths.
- Syringe disposal
- · Safer injection supplies: Alcohol pads, cottons and Fentanyl test strips
- Tips for safer use



## Have questions about our syringe services?

We will help you find answers!

Ask a team member about tips on keeping you and your friends safe/r.

#### **Case Management**

Schedule an appointment to:

- Learn more about our services
- Access outside services



**Maryland Volunteer** Legal Services offers: free, non-criminal legal aid.

Call: (443) 808-0076

Monday Wednesday • 1:30 - 6 p.m. • 8 a.m. - 12:30 p.m.

